CHRISTIAN RECOVERY CENTERS INC

HC HOPE CENTER MINISTRIES

Bethel Colony of Mercy

Breaking the Chains of Addiction

GROUND 40

FREEDOM FARM MINISTRIES

Bridge to 100 Network

Finding Freedom - NC

LIVING FREE MINISTRIES

RALEIGH DREAM CENTER

RALEIGH

WS Rescue Mission

FreedomHouse

Rescuing mothers. Redeeming lives.

Adult & Teen Challenge

Sandhills, North Carolina

RCM

RICHMOND COUNTY RESCUE MISSION

EST 2014

Charlotte Rescue Mission

Adult & Teen Challenge
Sandhills, North Carolina

RECOVERY PRACTICE MODEL



INTAKE
Admission

- Complete On-Line Application
- Admissions Counselor Phone Interview
- Complete Physical with Primary Care Physician or Urgent Care using our form
- Option to complete with Admissions Counselor while enrolled
- Schedule Admission date/time
- Review Student Success Guide

PHASE 1
Pre-Induction

- Comprehensive Initial Assessments
- Group Therapy Sessions
- Individualized Clinical Counseling
- Development & Implementation of Personalized Treatment Plans

PHASE 2
Induction

- Adult & Teen Challenge Group and Personal Studies (covering 14 topics in addiction recovery and personal development)
- Life Coaching Sessions and Counseling
- Opportunities for Community Service

PHASE 3
Training Center

- Workforce Development Classes through **Sandhills Community College**
- GED Program (if needed)
- Small Group Therapy (peer-facilitated)
- Life Coaching Sessions and Counseling
- Life Skills Training in partnership with local businesses
- Spiritual Formation and Growth
- Aftercare Planning and Preparation

PHASE 4
Optional Internship

- 6-month Internship
- Continued College Courses Offered Free of Charge
- Leadership Training/Professional and Personal Development
- Option to apply for our very own **Sandhills ATC Leadership Academy**, a 12-18 month leadership development program for graduates

TIMELINE: Day 1 ---- 30 Days ---- 90 Days ---- 5 mos. ---- 6 mos.

Bethel Colony of Mercy
Breaking the chains of addiction

The Forge
Bethel Colony of Mercy
Men's Program

Practice Model - Men's Campus

Pre-BCOM

- Crisis Response
- 72 Hours Clean
- Detox referral
- Legal/Incarceration
- All Walks of Life
- Application
- Phone Interview
- Required Medical Clearance
- $350 Entry Fee

Days 0-14
Smelting

- Disciplined Schedule
- Hygiene Standards
- Clean Living Space
- Daily Worship Services/Bible Classes
- Temperament Profiles
- Counselor assignment
- Curriculum
- GED
- Workforce Redevelopment Assignment
- Social acclimation
- Discipleship
- Recreation
- A/V Teaching

Days 15-65
Forging

- Clean Living Space
- Hygiene Standards
- 1:1 Counseling
- Curriculum
- Workforce Redevelopment
- Communal Living
- Discipleship
- Family Reunification Begins
- Drug Screening
- Transitional Coordination
- Social acclimation
- Discipleship
- Recreation
- A/V Teaching

VSP
Tempering

Extension
Tempering

- 1:1 Counseling
- Advanced Curriculum
- Workforce Redevelopment
- Communal Living
- Discipleship
- Family Reunification Continues
- Drug Screening
- Transitional Coordination

- Same as Ext. with:
- Sr. Resident
- Mentorship
- Leadership Development
- Stop Smoking
- Healthy Recreation
- Celebrate Recovery

Post BCOM
Finishing

- Back Home
- Gainful Employment
- Active Church Membership
- Ongoing discipleship and accountability
- Structured Daily Life
- Touchpoints with BCOM as alumni and mentor/supporter

CHARLOTTE RESCUE MISSION

Transforming Lives. Restoring Hope.

RESIDENT JOURNEY MAP

A Continuum of Care. A Pathway to Transformation.

1 COMMUNITY REFERRAL



Individuals connect with CRM through multiple pathways.

- Hospitals
- Detox facilities
- Correctional system
- Community partners
- Homeless outreach
- Churches & faith communities
- Family & friends
- Self-referrals

2 ADMISSIONS



We assess needs, ensure appropriate fit, and begin the admissions process.

- Screening for appropriateness
- Initial assessment
- Medical & behavioral health review
- Documentation support
- Intake coordination

3 NEW BEGINNINGS ORIENTATION (7–14 DAYS)



Residents transition into the program, learn the expectations, and begin building stability.

- Program orientation
- Rules & expectations
- Community values
- Routine & structure
- Introduction to recovery community
- Initial case management

4 CORE RESIDENTIAL RECOVERY (120-DAY MODEL)



A structured residential program focused on healing, accountability, and personal transformation.

- Individual & group counseling
- Relapse prevention
- Trauma-informed care
- Case management
- Life skills development
- Spiritual growth
- Health & wellness support
- ID & Documentation assistance

5 LIFE SKILLS & WORKFORCE DEVELOPMENT (6–9 MONTHS)



Residents build skills and confidence to achieve employment and self-sufficiency.

- Resume & interview prep
- Job readiness coaching
- Workplace skills training
- Vocational opportunities
- Life skills classes
- Financial literacy
- Community Matters Café and other life skills programs

6 RECOVERY LIVING (UP TO 2 YEARS)



Transition to a recovery living environment with increased independence and accountability.

- Safe, sober housing
- Continued case management
- Employment stabilization
- Financial responsibility
- Peer support
- Program accountability

7 LONG-TERM RECOVERY SUPPORT



Ongoing support to maintain recovery and build a sustainable life.

- Recovery coaching
- Mentorship
- Continued counseling
- Family restoration
- Spiritual growth
- Community connection
- Relapse prevention
- Goal achievement

8 ALUMNI & COMMUNITY REINTEGRATION



Alumni thrive in the community as productive, contributing members.

- Stable housing
- Sustained employment
- Strong support network
- Continued involvement in recovery community
- Giving back & serving others

CONTINUOUS SUPPORT ACROSS THE JOURNEY

CLINICAL SERVICES
Counseling, treatment planning, and clinical support

MEDICAL SERVICES
Health screenings, medication support, and wellness monitoring

CASE MANAGEMENT
Individualized support for housing, legal, benefits, and life needs

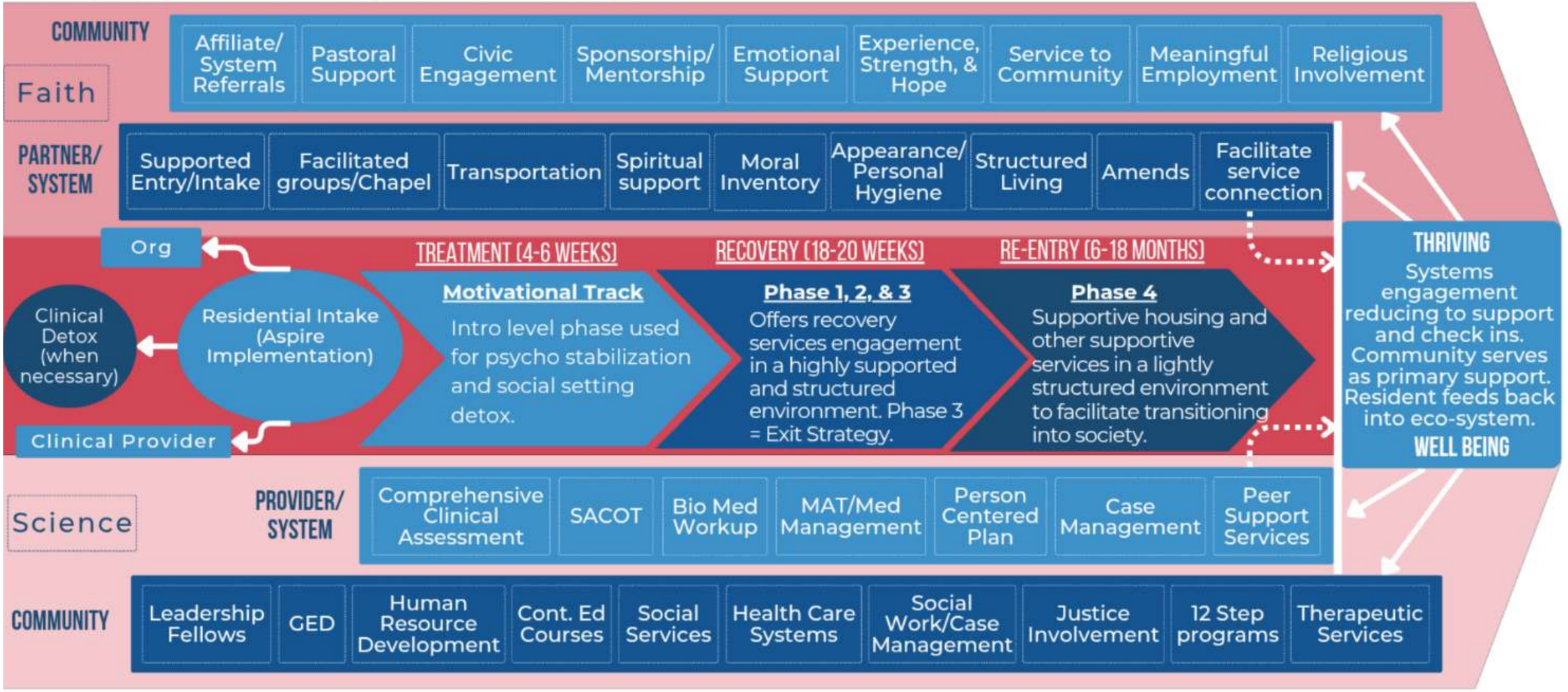
SPIRITUAL & PEER SUPPORT
Chapel, mentoring, peer accountability, and community

COMMUNITY PARTNERSHIPS
Collaborations that strengthen opportunities and long-term success

TRANSFORMING LIVES. RESTORING HOPE. | 1 PERSON. 1 LIFE. 1 COMMUNITY AT A TIME.

CHRISTIAN RECOVERY CENTERS INC

bio-psycho-social-spiritual ecosystem



FREEDOM FARM MINISTRIES

RECOVERY PRACTICE MODEL



DAY 1

INTAKE

- Online Application
- Phone Interview
- Referrals - Peers/Community
- Drug Screen
- Aspire Assessment
- Criteria: Adult Male 18+, not Sex Offender
- Detoxed (referred to MAT/MOUD) prior to admission
- Counseling Available



PHASE 1

SAFE HOUSE

- Complete Info Packet
- M-F work at Thrift Property, Firewood Lot, Landscaping
- Counseling Available
- Drug screening
- Evening Classes



PHASE 2

RESTORATION

- New Location
- Classroom/Faith - 9 to 12 daily
- Work Firewood Lot - reflect on learning
- Evening Classes
- Conflict Management
- Counseling Available
- Drug screening



PHASE 3

SERVING THE MINISTRY

- Peer Support
- Job Search/NC Works/Job Fair
- Evening Classes
- Counseling Available
- Drug screening
- Serving in Ministry



PHASE 4

DISCIPLESHIP LIVING CENTER

- Job
- Peer Support
- Evening Classes
- Counseling Available
- Drug screening
- Exit Planning

TIMELINE

1ST DAY — 30 DAYS MINIMUM — 40 DAYS — 40 DAYS — UP TO 12 MOS.

FreedomHouse

Rescuing mothers. Redeeming lives.

RECOVERY PRACTICE MODEL



Intake/ Admission

- Accept Women Only - Women with children ages 0 to 10
- Complete On-Line Application or Submit Community Referral
- Application Review w/in 24 hours
- Must be 21 to 50 years old
- Detox Referral/Pre-Admission
- Schedule In-Person or Zoom Screening
- Admission Decision w/in 48 hours
- Secure Admission date/time
- $750 Application fee (can be waived)
- Personalized Treatment Plan
- Baseline ASPIRE Assessment w/in 24 to 48 hours

Level 1

- Implementation of Personalized Treatment Plan
- Spiritual, Social, Physical and Emptional Aspects addressed
- Daily Living/meal prep
- Stabilization - Getting Settled
- Established w/Primary Care Provider
- Weekly Counseling Sessions/Care Mgt.
- Spiritual Wellness Guide
- Motherhood Bible Study - 2x per year All Levels
- Addressing pain, health and dental needs
- Celebrate Recovery
- Book Study - Tues. nights
- Bible Study - Thurs. nights
- Daily Devotions
- Career Readiness/Employment Training
- Parenting Classes - 2x per year All Levels
- ASPIRE follow up assessment

Level 2

- Continue Addressing Spiritual, Social, Physical and Emotional Aspects
- Addressing Trauma - More In Depth
- Daily Living/meal prep.
- Weekly Counseling Sessions/Care Mgt.
- More Freedoms Granted
- Life Skills Training
- Career Readiness/Employment Training
- Parenting Support
- Celebrate Recovery
- Daily Devotions
- Book Study - Tues. nights
- Bible Study - Thurs. nights
- ASPIRE Follow up assessment

Level 3

- Weekly Counseling Sessions/Care Mgt.
- Budgeting/Financial Stewardship
- Career Readiness/Employment Training
- Daily Living/meal prep.
- Life Skills Coaching Sessions and Counseling
- Continued Spiritual Formation and Growth
- Freedom Granted
- Aftercare Planning and Preparation
- Parenting Support
- Celebrate Recovery
- Daily Devotions
- Book Study - Tues. nights
- Bible Study - Thurs. nights
- ASPIRE Follow-up assessment

Level 4

- Final Level - Graduation - 9 to 12 mos.
- Transitional Housing
- Employment
- Training/Professional and Personal Development
- Option for Aftercare - 12 additional mos. employment and car for work
- Continued Support
- ASPIRE Post Graduate assessment



TIMELINE: Day 1---------- 30 to 90 Days---------- 90 to 180 Days---------- 180 to 270 Days---------- 270 to 360 Days

Full Program 9 to 12 mos/Aftercare Option 12 mos..

GROUND 40

PRACTICE MODEL

Farm

- Intake - Cohort Starts
- Assess/Reassess
- Referral Detox Programs (MAT/MOUD)
- 40 Day Fast
- Clinical Counseling
- Sobriety

40 Days

Ranch

- Community Service
- Daily Living
- Communal Living
- Health & Wellness
- DMV
- GED
- Life Skills
- Priority Shift
- Senior Disciples
- Leadership Track

2.5 mos.

Restoration

- Job Placement
- Individual Living
- Standards & Operations
- Integration into World but not of World
- Practical Application w/o Intense Oversight

2.5 mos.

Transition

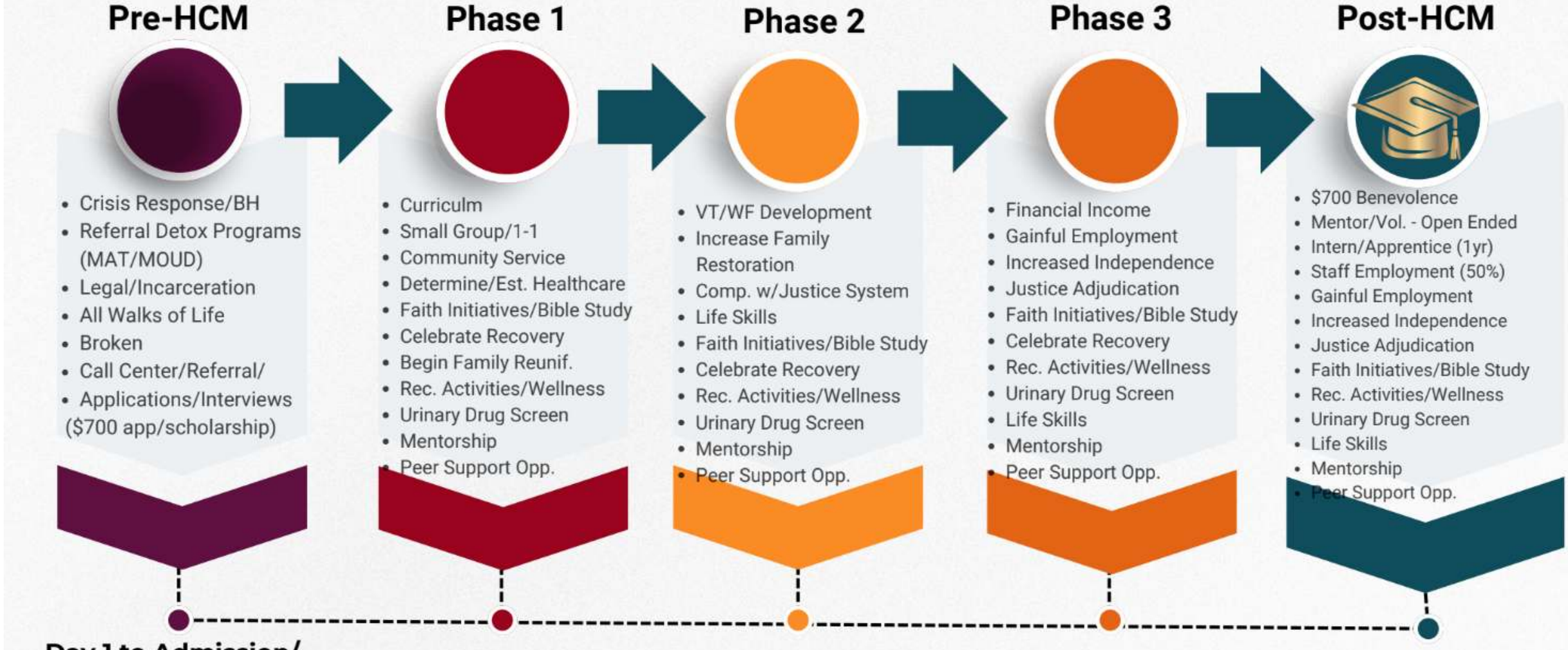
- Back Home
- Gainful Employment
- Purpose/Identity in Christ
- Find Body of Believers
- Restructuring of Daily Living

Peer Mentor

18 mos.

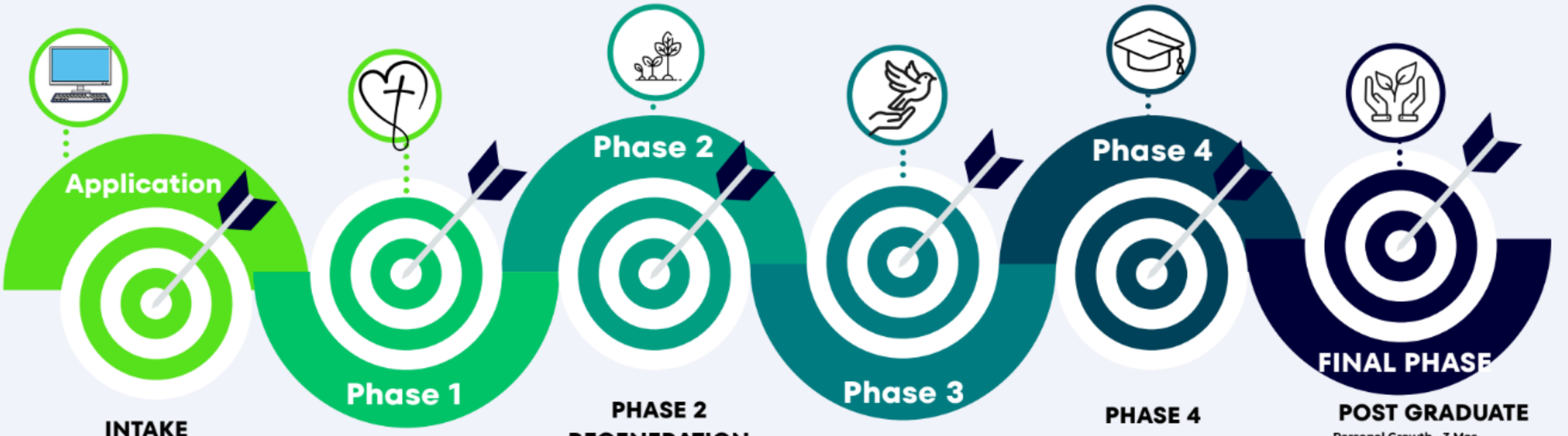
HC HOPE CENTER MINISTRIES

PRACTICE MODEL



Living Free Ministries

RECOVERY PRACTICE MODEL



INTAKE

- Submit online application
- Phone interview
- Establish next steps for acceptance (legal, medical, detox, personal affairs)
- Scheduled check-ins
- Intake date scheduled
- Acceptance email (arrival instructions, packing list, etc.)
- Arrival and intake assessment

PHASE 1 FOUNDATIONS

- Intro to Program Structure
- Aspire implementation
- Acquire valid ID
- Apply for Medicaid
- Establish approved family contacts
- Begin Spiritual Foundation
- Assign Big Brother/Sister
- Classes and small groups
- Drug testing

PHASE 2 REGENERATION

- Family visits/calls implemented
- 1:1 coaching, classroom, and small groups
- Peer evaluation/ accountability
- Establishing program goals
- Vocational training
- Family classes

PHASE 3 FREEDOM

- Aspire assessment
- Vocational training continues
- 1:1 coaching, classes, and small groups
- Rebuilding broken relationships
- Family classes

PHASE 4 STEWARDSHIP

- Establishing a transitional plan
- Developing vocational strengths
- 1:1 coaching, classes, and small groups
- Sharing "My Story" (testimony)
- Aspire assessment Family classes
- Program Graduation Celebration

POST GRADUATE

Personal Growth - 3 Mos.

- Securing driver's license
- Addressing legal matters
- Establishing primary healthcare
- Supervised offsite opportunities
- Classes

Servant Leader Program - 6 Mos.

- Financial and budget planning
- Unsupervised offsite opportunities
- Aspire assessment
- 1:1 Coaching and Classes

Staff Internship - 1 Year

- Acquire Peer Support Specialist Certification
- Receive weekly compensation
- Establish independent living
- Maintaining financial responsibilities
- Quarterly evaluations with coaching
- Aspire assessment
- Developing classroom lesson plans
- Specialized training opportunities
- Career readiness

TIMELINE

1ST DAY — 4 WEEKS — 8 WEEKS — 8 WEEKS — 8 WEEKS — 3 MOS TO 1 YEAR

RECOVERY PRACTICE MODEL

RALEIGH DREAM CENTER SINCE 2014

INTAKE

Referrals/Admissions
Day One to 30 days

- Application On-Line or In-Person
- Phone Screening/In-Person Interview
- Detoxed-Refer to Healing Transitions
- 18 or older
- Black Out Period - Clear Your Brain
- Rest/Routine/Structure



PHASE 1

Christ-Centered Recovery
Steps 1 - 3
90 days

- Christian 12 Step Classes
- Bible Study
- Devotions
- Classes/Work Assignments
- Build Healthy Routine



PHASE 2

Structured Daily Life
90 days

- 8 Hour Weekend Pass
- Bible Study
- Devotions
- GED Prep
- Financial Literacy



PHASE 3

Education & Life Skills
90 days

- Transition Phase
- Jor Readiness/Life Skills
- 1 Overnight Weekend Pass
- More Freedom
- 2 Workdays per week



PHASE 4

Community & Accountability
90 days

- Supportive Living Environment
- Mentors
- More Freedom to Reintegration
- Work Outside of Program



ONE YEAR

RCRM @ POGC – FOUR PHASE RECOVERY JOURNEY

RESTORE HOPE • REBUILD LIVES • RECLAIM PURPOSE

PHASE 4
Career Track & Housing Support
ONGOING

Achieve housing stability and build a future of independence.

- Housing Stability
- Career Planning
- Long-term Employment
- Community Integration
- Follow-up & Progress Tracking

PHASE 3
Leadership & Service
1–3 MONTHS

Develop leadership, give back, and create lasting impact.

- Mentorship
- Volunteer Opportunities
- Leadership Development
- Community Service Projects

PHASE 2
Vocational Rehabilitation & Training
1–6 MONTHS

Build skills, gain education, and prepare for meaningful employment.

- Skill Building
- Education & Training
- Employment Readiness
- Job Search Support
- Expungement & Workforce Development

PHASE 1
Immediate Stabilization & Foundational Support
DAYS 1–45

Elevate participants to making clear decisions for better life choices.

- Detox & Medical Support
- Counseling & Emotional Support
- Spiritual Care
- Basic Needs Support
- Safety & Stabilization

From the Street to Your Feet – A Pathway to Purpose, Healing, and Hope.

Know God

Find Freedom

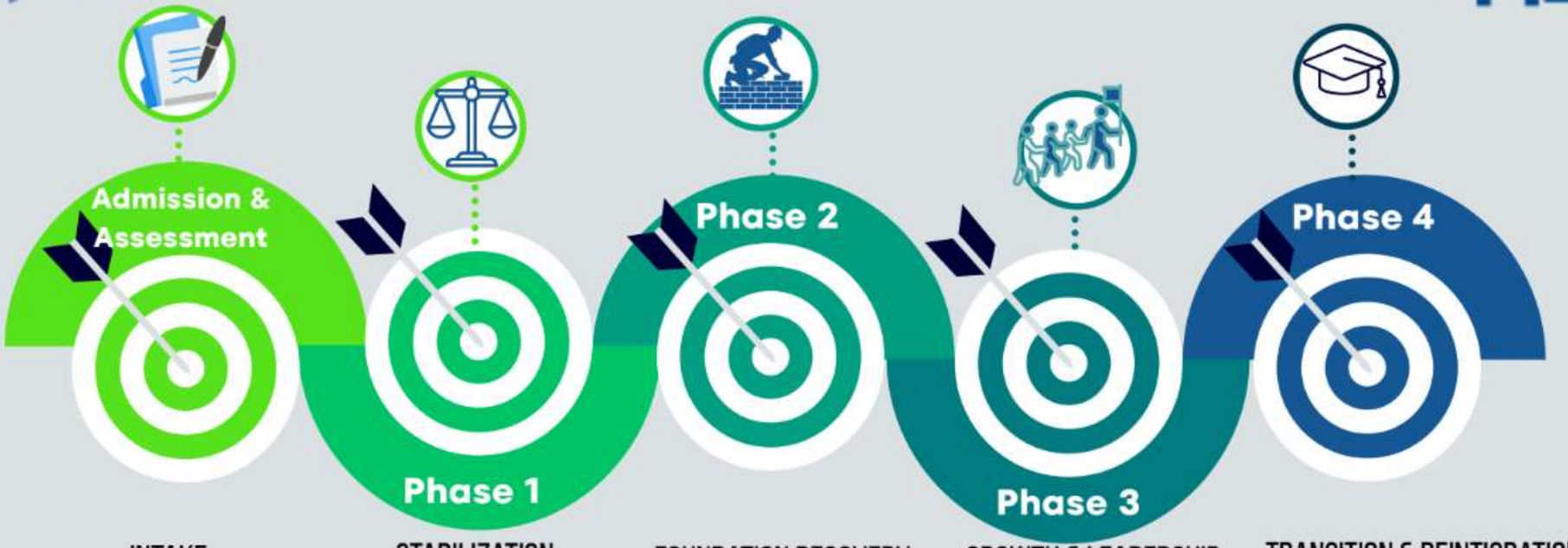
Discover Purpose

Make a Difference

Recovery to Reintegration (R2R) Pathway

CORE SERVICES SUPPORTING EVERY PHASE:

- **Jesus Christ**
- **Biblical Discipleship**
- **Accountability**
- **Rcovery Support**
- **Family Restoration**
- **Recovery Counseling**
- **Personal Development**
- **Workforce Development**
- **Educational Services**
- **Housing & Reintegration**
- **Spiritual Formation Services**



INTAKE

- Complete Application Packet
- Submit by email/fax/in-person
- Participate in Pre-Screening Interview/Recovery Readiness Evaluation/Program Suitability Reviews/In-Person Assessments
- Must be 18 or older
- Detoxed
- Non Sex Offender
- Commit to participate in Christ-centered residential recovery
- Physically able for Workforce Development

STABILIZATION

- Safety and Stabilization
- Program Orientation
- Recovery Foundations
- Daily Structure
- Spiritual Engagement
- Initial Case Planning
- Gospel Presentation
- Intro to Biblical Discipleship
- Daily Devotions
- Chapel Participation
- Prayer Development
- Christian Mentoring
- Clinical Partner - WF Baptist/Atrium

FOUNDATION RECOVERY

- Emotional Regulation
- Addiction Recovery Skills
- Trauma-Informed Support
- Biblical Identity
- Character Development
- Personal Responsibility
- Understanding Identity in Christ
- Spiritual Disciplines
- Scripture Application
- Biblical Worlldview Development
- Discipleship Relationships

GROWTH & LEADERSHIP

- Leadership Development
- Workforce Development
- Employment Readiness
- Peer Mentoring
- Financial Literacy
- Housing Preparation
- Servant Leadership
- Christian Character Formation
- Mentoring Others
- Applying Faith in Daily Life

TRANSITION & REINTIGRATION

- Employment Stability
- Housing Placement
- Family Restoration
- Church Integration
- Community Engagement
- Long-term Recovery Planning
- Local Church Involvement
- Ongoing Discipleship
- Christian Service
- Spiritual Leadership
- Long-term Faith Growth

TIMELINE — DAY 1 — 30 DAYS — 31 - 90 DAYS — 91 - 180 DAYS — 181 - 365 DAYS