

Finding Freedom - NC

RECOVERY CONNECTION

CITY GATE & BRIDGE TO 100 NETWORK

ANNUAL CONFERENCE - SEPTEMBER 25, 2025

City Gate Network's Bluegrass District and Bridge to 100 Network gathered in Concord, N.C. at the Great Wolf Lodge Conference Center on September 24 through 26, 2025, for an Annual Conference. Approximately 235 guests were in attendance. Tom DeVries, City Gate President, welcomed everyone to the Above All Else conference quoting Proverbs 4:23, "Above all else guard your heart with all vigilance for from it flow the springs of life." Ken Gober and Patrick Love led a time of music and worship

that brought everyone to their feet to sing praises to the Lord. Steve Cuss, pastor, former chaplain, and founder of Capable Life led the audience in several exercises to lower internal and relational anxiety in the work place and home.

For the afternoon session, Josh Torbich, CEO of Christian Recovery Centers, Inc. discussed the value in City Gate and Bridge to 100 Network. Kelly Crosbie, Director of NC DHHS' Division of Mental Health, Developmental Disabilities and Substance Use Services shared her message regarding Medications for Opioid Use Disorder (MOUD) and recovery programs. Then, Robin

Hayes, founder of Bridge to 100 shared about being a champion in the Legislature and how to connect with local government leaders. Dr. Gary Nelson and the lead research design team shared about their progress in developing faith and science informed recovery and well-being model for the Bridge to 100 Network.



INTRODUCING THE SUPPORTING



Bridge to 100



Network

Pilot Programs Working Session to determine
Shared Mission and Vision: July 10th & 11th 2025

Shared Mission: Supporting member organizations in North Carolina to build capacity to achieve each member's mission through faith and science.

Shared Vision: Faith and Science informed community-based recovery agencies throughout North Carolina excelling at their missions.

Bridge to 100



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BRIDGE TO 100 NETWORK KEY FUNCTIONS

501 c3 non-profit, membership corporation. Will hold operational structure of Bridge to 100.
est. 2025

Public Engagment

Operates behind the scenes, focusing on member communications, internal updates, and collaborative planning.

Policy & Partnerships

Formalizes partnerships through contracts, MOUs, and shared service agreements among member agencies.

Funding & Revenue

Manages membership dues, applies for grants, and oversees financial compliance for collaborative projects.

Infrastructure & Operations

Provides the operational backbone—handling data systems, grant administration, and member onboarding.

LEADERSHIP FELLOWS ACADEMY

- Enhance each affiliate's individual, organizational, and community leadership capacities to strengthen local recovery services and the statewide recovery ecosystem
- Enhance leadership and management skills via increasing technical capacities and enhancing adaptive leadership to achieve immediate impact
- Partnership with the Department of Public and International Affairs at UNC Wilmington

LFA Components:

- In-Person Leadership Institutes
- Topical Webinars
- Technical Assistance
- Individual Executive Coaching
- Learning Management System for Leadership and Management Resources
- Organizational Capacity Assessment
- 360 Feedback for Executive Directors and Senior Managers
- Customized Approach for an individual affiliate

For further information, please contact either:
Dr. Rich Clerkin - clerkinr@uncw.edu

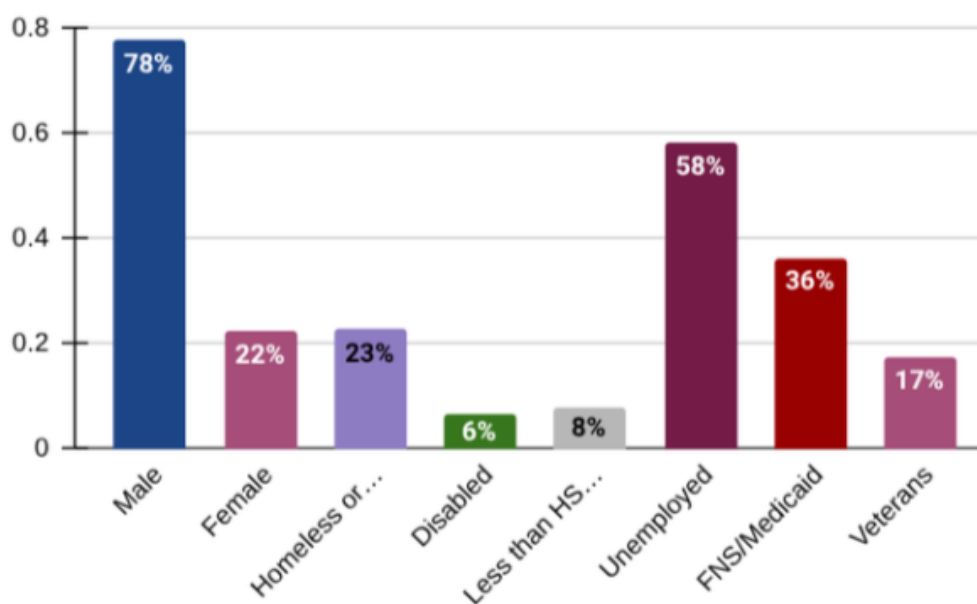
Dr. Noel Mazade - nmazade@aol.com





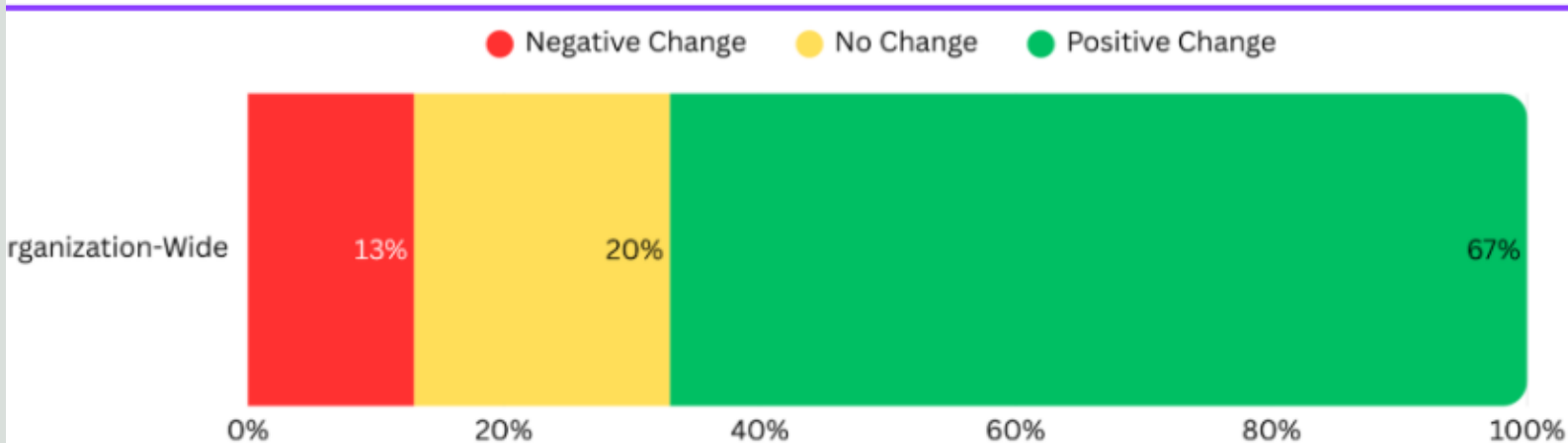
ASPIRE DATA DASHBOARD

ASPIRE Demographics



Key Areas	Indicator	% Positive Change
Recovery & Wellness	Alcohol and Drugs	+64%
	Addiction	+77%
	Physical Activity	+79%
	Rest	+79%
Future Security	Stable Housing	+58%
	ID Card	+51%
Financial Stability	Income	+34%
	Family Savings	+32%
	Ability to Plan and Budget	+49%

WHEN FAMILIES HAD THE CHANCE TO IMPROVE, THEY DID!



67% of Indicators Saw Real, Positive Change

"My addiction was the most toxic relationship I ever had. I thank God for this program and the sight of a prosperous future"

-Resident Quote-

Important Dates and Next Steps...

SEPT/OCT 2025



- **Readiness Assessment Survey to Bridge to 100 Affiliates for Project On Boarding - early Fall 2025**

Be one of the next 12 programs to onboard Aspire in your programs!

ARE YOU READY!

Scan the QR code and complete the readiness assesment.

A red rectangular graphic with a background image of a bridge. It contains text and a QR code. The text says 'Be one of the next 12 programs to onboard Aspire in your programs!', 'ARE YOU READY!', and 'Scan the QR code and complete the readiness assesment.' The QR code is on the right side.

- **Aspire Facilitator/Coaches available to train Pilot staff - contact Karen Calhoun to schedule training - calhounkc@gmail.com**
- **Leadership Fellows Academy with Pilots runs July 2025 through January 2026**



<https://bridgeto100.org>