



RECOVERY CONNECTION

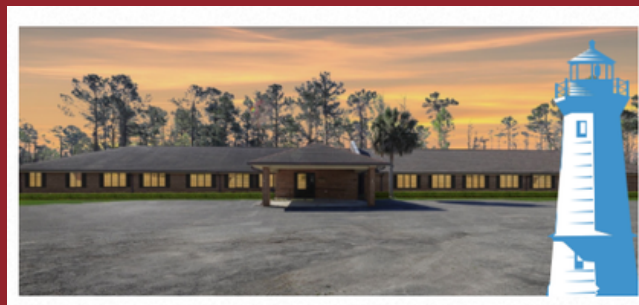
NC DHHS VISIT CHRISTIAN RECOVERY CENTERS

On Wednesday, July 16, 2025, Director Kelly Crosbie and staff from the NC Department of Health and Human Services' Division of Mental Health, Developmental Disabilities and Substance Use Services visited Christian Recovery Centers in Shallotte, NC. Dr. Gary Nelson, Executive Director Josh Torbich, and CRCI staff shared about Bridge to 100's faith and science informed recovery design model. The day's agenda included a presentation on CRCI program elements, a guided tour of facilities, and a discussion on preliminary data from their social determinants health model. We are grateful for Director Crosbie and division leader's valuable time, interest, and expertise as we continue to build support and credibility to recovery efforts across our state!



Pilot Program Spotlight

AUGUST 2025



Christian Recovery Centers, Inc (CRCI) is a non-profit organization located in Shallotte, N.C. that provides free drug and alcohol treatment, recovery, and re-entry services for men and women struggling with substance use disorder. CRCI offers a faith-based, evidence-informed program supported by scientific interventions. CRCI's programmatic elements work to support individuals through their recovery process to reach not only long-term sobriety, but also overall well-being. CRCI works with program residents to first create a sense of spiritual, mental, and emotional well-being that allows them to create a more motivated and healthy decision-making process.

History: Founded in 2010, Christian Recovery Centers was opened at Ash, NC. Originally serving 12 male residents, the center was donated by the North Carolina Wesleyan Church. In 2013, Josh Torbich checked in as a resident and later became the director, expanding the program to a state-recognized Substance Use Disorder Recovery Program. In 2018, Josh assumed the role of CEO. In 2019, The Ray House was opened, providing housing for male program residents and staff. In 2024, The Ray House was revitalized to serve women for up to 18-months in our Phase 4/ Re-entry program. In 2019, Rose House was acquired and renovated to accommodate female residents on their journey to recovery. In 2022, Christian Recovery Centers launched a Thrift Store in Shallotte as a vital asset to support the mission. In 2024, CRCI landed a 2nd thrift location in Sunset Beach. In 2020, a Social Enterprise was established to offer cleaning and landscaping services, along with the Workforce Redevelopment Program for residents. CRCI established its new headquarters in 2023, providing refuge for over 100 men on the path to recovery from substance use disorders. In memory of Grant Sauls the campus became "Grant's Harbor" in 2024. CRCI recently opened in 2025, a men's residential facility in Stanly County, NC that can house 20 men. CRCI currently has 6 locations and can house 177 men and 66 women in our program.

Programs & Services: Our program addresses a resident's full spectrum of needs and pathways for growth, including: medical, social, emotional, physical, vocational, educational, relational/family/community, and spiritual needs. As a faith-based recovery program, our approach is to include the best that science and medicine have to offer, as well as encouraging the development of a relationship with God. We are open to people of all faiths and those with no faith, we do not discriminate or mandate. We include Medication-Assisted-Treatment (MAT) as an option where clinically appropriate. CRCI partners with **Southeastern Integrated Care** for comprehensive behavioral health services, including Comprehensive Clinical Assessments. At admission, residents begin the 4 to 6 weeks Motivational Track, and progress to Phases 1 -3, and the Transitional Track for graduates of Phase 3. Residents can participate in CRCI's program from a range of 6 months to 2 years.

CRCI's Mission is Providing the spiritual and educational tools necessary for a long-term recovery from the illness of addiction and the beginning of a successful life.



For more Information click here:
[Christian Recovery Centers Inc.](#)



Grant's HARBOR Rose HOUSE





LEADERSHIP FELLOWS ACADEMY

OPENING INSTITUTE - JULY 10 & 11, 2025

The Leadership Fellows Academy Training officially kicked off on July 10 and 11, 2025, in Shallotte, NC. All three Bridge to 100 Pilots' leadership staff attended. In addition to the scheduled content and processes that constituted the Leadership Fellows Academy experience, the group proactively assessed the status of their organizations and suggested that a formal organizational and service capacity be established at Bridge to 100. The collective top capacity building priorities identified via the Organizational Capacity Assessment Tool (OCAT) included:

- ☐ Strategic Planning;
- ☐ Recruitment, Development, and Retention of Staff;
- ☐ Revenue Generation;
- ☐ Program Growth and Replication;
- ☐ Performance Targets;
- ☐ Financial Planning;
- ☐ Fundraising; and
- ☐ Volunteer Management.

The group's recommendation was informed by an analysis of both current needs and anticipated future activities for (1) the next iteration of activities for the three pilots; (2) expansion to all, or a subset of, existing Bridge affiliates; and (3) projecting capacities required to launch access to services in counties that have no services. One of the immediate outputs from the meeting is the three partners reached consensus on a mission and vision for Bridge to 100.

Consensus Vision: Faith and Science informed community-based recovery agencies throughout North Carolina excelling at their missions.

Consensus Mission: Supporting member organizations in North Carolina to build capacity to achieve each member's mission through faith and science.

The Leadership Fellows Academy will continue through January with webinars each month focusing on the following topics:

- Financial Management
- Board Governance
- Data and Principles of Performance Measurement and Assessing Outcomes
- Developing Strategic Partnerships
- Workforce Development

The closing in-person institute in January 2026 will focus upon each pilot's accomplishments and planning for expansion to additional Bridge affiliates.

For further information, please contact either:
Dr, Rich Clerkin - clerkinr@uncw.edu

Dr. Noel Mazade - nmazade@aol.com

Purdue/Sackler Opioid Settlement Funding Information & Resources

by Lori Feezor

The largest single opioid settlement was recently signed by all 50 state Attorneys General and the Sackler Family/Purdue. Purdue is the maker of OxyContin – a powerful opioid, the use and marketing which began the opioid epidemic, which has morphed into the fentanyl crisis. Under the \$7.4B settlement, the Sacklers, who owned Purdue, will pay the vast majority but admit no liability. North Carolina's share will be approximately \$150M and will be paid out over 15 years, with the first three years being heavily front end loaded. The federal bankruptcy court must approve the settlement (of which it is expected to do), and the counties (and a few named municipalities) will need to sign on to a Memorandum of Agreement with the State. Once that happens, the funds will be disbursed with 15% being retained at the state level for distribution by the general assembly, and approximately 85% going to local governments. The distribution to local governments will be according to the settlement terms which the NC Department of Justice predicts will look like [THIS](#). This \$150M will be in addition to the approximately \$1.5B North Carolina has already negotiated in settlements with distributors, manufacturers, pharmacies, retailers and the like. Those funds began flowing to local governments in 2022, and are front end loaded over the first five years and pay out over 18 years. Three years' worth of funding has already been received by local governments.

Each local government has the option to expend funds on a number of opioid related strategies. What the state calls Option A strategies are "high impact" and most local governments have chosen that option. For a list of the option A and B strategies and how each local government has chosen to spend its funds, the State has created [THIS](#) online resource. Bridge to 100 has put together a fact sheet on the 12 option A strategies and which are most compatible for funding by its affiliates.

Additional resources:

- <https://bridgeto100.org/steps-for-local-governments-to-participate-in-the-settlements/>
- <https://ncopioidsettlement.org/>



ASPIRE DATA MEASURES

AUGUST 2025

Christian Recovery Centers, Inc. (CRCI) launched Aspire on May 1, 2025. As of July 28, 2025, a total of 292 Aspire surveys have been completed with 190 baseline 1st surveys and 102 follow up surveys. Below you can see the progress CRCI residents have made in just 3 months of setting priority goals around Aspire's six dimensions of well-being with 631 GOALS & 84 ACHIEVEMENTS!!!

"Put others before yourself, without losing yourself. Offer time, talent, and testimony to lift someone else up. Lead by example, showing that recovery, hope, and faith aren't just possible — they're contagious." -Resident Quote-



Dimensions



Denotes Priority Goals Set



Denotes Achievements

May 2025



Income and Employment



Health and Environment



Housing and Infrastructure



Education and Culture



Participation and Belonging



Motivation and Goals

Dimensions

July 2025



Income and Employment



Health and Environment



Housing and Infrastructure



Education and Culture



Participation and Belonging



Motivation and Goals

Indicators

Mental health services

Insurance

Physical Activity

Daily Routine

Enough Sleep

Service to Others

Spiritual Practices

Emotional Well-Being

Most achieved



Important Dates and Next Steps...



- **Aspire is underway at CRCI and Ground 40!!!**
- **Aspire Facilitator/Coaches available to train Pilot staff - contact Karen Calhoun to schedule training - calhounkc@gmail.com**
- **Leadership Fellows Academy Opening Institute - completed on July 10 & 11, 2025**
- **Leadership Fellows Academy with Pilots runs July 2025 through January 2026**
- **Readiness Assessment Survey to Bridge to 100 Affiliates for Project On Boarding - early Fall 2025**
- **Bridge to 100 Combined Annual Meeting with City Gate - September 25, 2025, at Great Wolf Lodge, in Concord, NC. Register here:**
- **<https://www.citygatenetwork.org/district-events/bluegrass/>**



<https://bridgeto100.org>