Bridge to 100



Finding Freedom - NC

Recovery Connection

Community Notes to Our Affiliates

.

April/May 2025 Edition

Founder's Message

by Robin Hayes, Bridge to 100 Founder on April 30, 2025

Dear Teammates and Affiliates,

May is off to a great start after a very productive April. I am continually amazed by how faithful you all are to the mission. God has been faithful at every turn in the road. As I, and we listen for His directions, He gives us the paths to follow that will lead others to His kingdom. If I'm only listening to me: not so much!



faith-based recovery in North Carolina. We are doing that every day. Now, by combining faith, science, leadership training, and through the Aspire multidimensional assessment survey, we can become the evidence-based, gold standard for recovery.

As we share our model for rebuilding families, repairing relationships, and restoring lives, we build bridges to satisfaction, fulfillment, joy, and all the fruits of the spirit contained in Galatians 5:22-23. The last of these, and a critical element for recovery from addiction, is self-control.



The General Assembly is currently hard at work in the legislative long session. Rep. Wayne Sasser and I are making your case before the appropriators. I cannot over stress the need for each of you to build and maintain personal relationships with your elected city, county and state officials. Keeping them informed about how you are helping individuals recover from substance use disorders through your ministries, and how you are actively involved in your local communities is critical for gaining awareness and support.

Our hope is based on nothing less than Jesus and His righteousness. As we are faithful to His call, we will be demonstrating Christ to a world so much in need of Him and His healing powers.

In His service,

Robin

Leadership Fellows Academy Training - Launch <u>Postponed</u> to June 2025

by Dr. Richard Clerkin and Dr. Noel Mazade on May 1, 2025

We decided to push pause on our plans to start the Leadership Academy training in April 2025. This means we are also delaying when we start the webinars.



In our excitement to get started we might not have given everyone the time they need to set their schedules to ensure their organizations are able to fully engage and capitalize on the training. We will be back in touch over the next few weeks to work with you to develop a training schedule that will start in mid to late summer and carry us through the end of the year.

We appreciate your commitment to

building the capacity of your organizations and Bridge to 100 and your patience as we work with you to deliver a leadership training experience that meets your needs. Please stay tuned for email notifications directly to our three Pilots and publications in the Recovery Connection newsletter for the revised scheduling.

For further information, please contact either Rich or Noel at: <u>clerkinr@uncw.edu</u>

nmazade@aol.com

Pilot Program Spotlight - Hope Center Ministries

by Mark Hall, VP of Partner Relations on May 2, 2025

As we progress with implementation of the complex emergent design of evidence-based community science and faith informed recovery, we will highlight a Bridge to 100 affiliate, starting with our Pilot Programs in our community notes newsletter, Recovery Connection.



In this issue, we are spotlighting **Hope Center Ministries** based out of Oklahoma City, OK. Hope Center has 4 residential locations in North Carolina in Wayne and Johnston counties. We are opening a new men's center this

summer in Maiden in Catawba County, NC, and this fall in Dunn in Harnett County, NC to bring us to 6 recovery centers in NC. We do have 50 recovery centers across the US in multiple states including Florida, Missouri, Tennessee, Ohio, Texas, Hawaii, Virginia, West Virginia, Pennsylvania, and South Carolina. We have 128 beds in North Carolina currently with 60 beds being added this year, and 1,600 program beds across the US.

Hope Center Ministries is an 18 year old ministry founded by an International Pentecostal Holiness pastor. Our Mission is Hope Center Ministries exists to lead addicts and their families to become fully devoted followers of Christ. Our Values are as follows: We do everything for the good of the resident – The greatest of all, is the servant of all; We always bring our best – Excellence honors God and inspires people; We are stronger together – Brotherhood, sisterhood, community, unity; We have fun, laugh hard, and embrace adventure – Discover the fun in recovery; We do the right thing even when no one is looking – God honors integrity and character matters; and We develop new leaders to expand into new cities, states and nations - What you do isn't nearly as important as who you develop.

Hope Center Ministries' recovery program is twelve months with three key phases to best support our residents through the various stages of recovery from addiction. Phase One is four (4) weeks and includes many benefits such as 12 Steps, Celebrate Recovery, Individual Lay Counseling, Group Lay Counseling, Personal Spiritual Development, Program Curriculum, Bible Studies, Devotions, Daily Reflection, Family Support, Family Visitation, Daily Chores, Recreation, and Support from Sponsoring Churches.

Phase Two is forty (40) weeks long and the program evolves to best fit the resident's needs by supplementing daily chores with Vocational Training. We have a 40-hour per week element of the program designed to teach residents real-world responsibility in a supportive environment. As residents train with Vocational Training Providers, they build positive rapport, learn life skills, and build healthy references toward a future beyond the program.

Our Third and Final Phase in recovery is eight (8) weeks. As residents move through the program, they will continue to experience everything listed in the First Phase. As they advance into the Third Phase, they receive more privileges designed to ease them closer to what they will experience past graduation. Some of these privileges include: principles for better financial stewardship, earning income for a future beyond graduation, personal phone privilege, and personal vehicle privileges.

Enjoy these two videos from Hope Center Ministries:

https://www.youtube.com/watch?v=0IxntqX1Ndo

https://youtu.be/0lxntqX1Ndohttps://drive.google.com/drive/folders/1K9qFkG1fN0eYEZq5cWeu 9eIR7463XI1I?usp=sharing

For more information about Hope Center Ministries, please visit <u>Hope Center</u> <u>Ministries</u>.

Certified Peer Support Specialists Can Reduce Costs

What is the Certified Peer Support Specialist Program and how can it assist Bridge to 100 affiliate recovery programs?

The North Carolina Certified Peer Support Specialist (NCCPSS) Program is an initiative of the North Carolina Division of Mental Health, Developmental Disabilities, and Substance Use Services (DMH/DD/SUS). The NCCPSS Program certifies persons in recovery from serious mental illness (SMI) and substance use disorders (SUD) to support others on their recovery journey. The NCCPSS Program is housed in the School of Social Work at the University of North Carolina – Chapel Hill (UNC-CH) in the Behavioral Health Springboard (BHS). BHS implements the



certification, courses, partner engagement, and evaluation of the NCCPSS Program, among many other projects.

Certified Peer Support Specialists are people in recovery from a mental illness and/or substance use disorder, who meet the criteria outlined by the DMH/DD/SUS, and approved to provide support to others who can benefit from their experiences. The North Carolina Certified Peer Support Specialist Program ensures that the peer has met a set of requirements necessary to support individuals with mental health or substance use disorder.

How can Certified Peer Support Specialists support Bridge to 100 affiliates and potentially reduce costs? The employer agency where the CPSS works is responsible for hiring, supervising, performance reviews, and ensuring the peer specialist can perform the job's essential functions, just like other positions. The minimum qualification for a supervisor for Certified Peer Support Specialists is a Qualified Professional (QP) as outlined in the service definition. Peer support services have specific Medicaid billing codes detailed in the service definition. Upon contracting with an organization, the local Local Management Entity/Managed Care Organization (LME/MCO) will provide additional information about peer support services, including billing details. Bridge to 100 recovery program affiliates should consider connecting with their LME/MCO with questions regarding CPSS services and Medicaid billing provided in your county. See the list and contact information below from this link: <u>NC LME/MCO List</u>. Medicaid can be an eligible reimbursement

opportunity for CPSS staff time and effort potentially freeing up funding for other recovery service needs.

For additional information on coursework for certification and recertification for Certified Peer Support Specialists go to: <u>https://pss.unc.edu/</u>

Readiness Assessment!

by Karen Calhoun, Project Manager on April 30, 2025

In May 2025, a Readiness Assessment will be sent out to all Bridge to 100 Affiliates, along with the Executive Summary outlining faith and community science informed recovery and the Complex Emergent Design. This will assist us in selection of the next round of recovery programs to scale out the emergent design work we have already begun with our three pilot programs – Ground 40, Hope Center Ministries, and Christian Recovery Centers, Inc.

Back in July 2024, Bridge to 100 entered into a partnership with the University of North Carolina School of Social Work's Social Innovation and Entrepreneurship Lab to design an evaluation of its affiliated recovery programs. The North Carolina Collaboratory funded the creation of an innovation design for impact and a proposed budget with three pilot programs selected from within Bridge to 100's network. We are now moving to the next phase in the process which is to scale what we have learned to include more Bridge to 100 affiliates.

As we continue to work with the three pilot programs in the design roll out, the purpose of the Readiness Assessment is to assess more Bridge to 100 affiliates in anticipation of possible future funding to further implement the Innovation Design. Our goal is to identify 5 to 8 more recovery programs to work with over the coming months to implement the shared evaluation design. We hope to continue to identify funding to further this effort in partnership with more identified programs with the intention of scaling what is learned to all Bridge to 100 programs in subsequent years.

Be on the lookout for the Readiness Assessment email and survey link coming to each of you in May!

Important Dates and Next Steps...

- Completed Aspire Implementation Training for CRCI Hub and Pilots March 13 & 14, 2025
- Aspire Facilitator/Coaches available to train Pilot staff contact Karen Calhoun to schedule training - <u>calhounkc@gmail.com</u>
- Bridge to 100 Project Team Planning Retreat March 31, 2025
- Readiness Assessment Survey to Bridge to 100 Affiliates for Project Onboarding - early May 2025
- Finalize the Aspire assessment tool version for recovery population April 2025
- Aspire implementation Go-Live date & roll-out schedule for Pilot Programs -May 1, 2025 for CRCI as Hub, and June 1, 2025, for Hope Center Ministries and Ground 40!!!
- Leadership Fellows Academy Opening Institute moved to June 2025
- Leadership Fellows Academy with Pilots runs June through January 2026

Aspire Goes Live - May 1, 2025!



Bridge to 100 affiliate pilot program will go live May 1, 2025, with implementing the Aspire multidimensional assessment survey tool. Christian Recovery Centers, Inc. is serving as the community hub for housing the tool, and has two Aspire Facilitator/Coaches that will train other affiliate program staff. CRCI will kick-off Aspire on May 1, 2025, with the other Pilot programs, Ground 40 and Hope Center Ministries going live on June 1, 2025. We will begin branching out to other Bridge to 100 affiliate programs that complete the Readiness Assessment and scale out from there! Exciting work ahead! For more information and interest in Aspire, please contact Karen Calhoun at <u>calhounkc@gmail.com</u>.



Welcome to the Demo Platform!

Bridge to 100, Aspire for Recovery demo - the case-sensitive login info: <u>Poverty Stoplight Demo</u> (use any web browser except for Internet Explorer)

Username: crci_facilitator Password: CRCIStoplight1!

On the right hand side of the page, there will be several versions of Aspire listed to choose from. Each version of the survey begins with a series of demographic questions followed by the indicator questions. Please note: the data entered in the demo survey is not private, so feel free to make up information while testing the platform.

For additional information on Poverty Stoplight/Thrive Lights/Aspire, click on the below link:

Poverty Stoplight

Bridge to 100



Finding Freedom - NC https://bridgeto100.org/