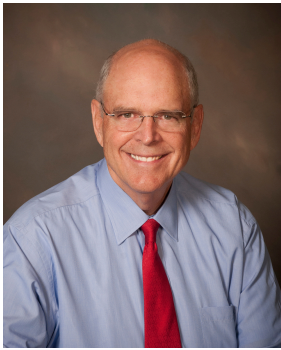


2024
ANNUAL
REPORT

Bridge to 100



Finding Freedom - NC



Bridge to 100



Finding Freedom - NC

ROBIN HAYES
FOUNDER

Welcome to the Founder's report on Bridge to 100. Now, 4-plus years into our efforts, here is an update on our progress and vision for the future. As always, my mission is to build a bridge from all 100 NC counties to low- or no-cost, geographically convenient, faith-based recovery centers. This does envision some centers serving several adjacent counties where smaller populations make this more efficient. Governor Stein, the General Assembly (House & Senate), Attorney General Jackson, and numerous staff members have been very helpful in our ability to expand and provide additional care. The private opioid settlement funds, allocated through the General Assembly and several county commissions, have been our main source of funds. The Collaboratory at UNC and numerous private donors have also been very significant in our efforts.

There are many pieces to the puzzle of addiction treatment and recovery. We are a very successful option, not an alternative to other protocols. With the help of a very capable and dedicated team of researchers from the UNC Social Innovations Lab, we have established an evidence-based evaluation process. Studying a combination of science and faith has shown many of the key elements necessary for recovery and restoration from opioid and other addictions are present in faith-based recovery. Combining the human elements of faith with the science of medically assisted treatment maximizes the chance of recovery. Said another way, all elements of an extended community working together produce the best results. This community does consist of many elements. To name a few, churches, schools, civic groups, local and state government, and the law enforcement community working together generate the best outcome.

The next step is to train our providers to use the Aspire program. This is a protocol designed using 50-plus social determinants of health. It was developed by the Paraguay Foundation and Dr. Martin Burt for evaluating, measuring, and following up with their clients. The goal is to maximize our efforts to achieve recovery and restoration. In addition, it will provide scientific data confirming the process.

The Lord has been faithful and is the reason for our success. We will continue to look to Him as we go where He leads.

In His service, *Robin Hayes*

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COLLECTIVE INSIGHTS:

Uniting Organizations Through Aggregate Data

11,175,000

NC Legislature
Funding Amount
(FY2021-2023)

3,780

Program Graduates -
Residential

4,815

Total
Annual
Service

286

Increased
Capacity

526

Workforce
Redevelopment
Program Completion

DEFINE SUCCESS:

Success in recovery programs is often defined as a changed life free of addiction, a personal relationship with Christ, stable living environment, gainful employment, abstinence from drugs and alcohol, participation in support groups, transformation, peace of mind, personal growth, belonging in community, learning from failure, staying true to one's identity, and breaking the cycle of incarceration and substance abuse for oneself and future generations.

RESIDENTIAL SERVICES:

- Recovery Programs
- Treatment Programs
- Emergency Shelter
- Transitional Housing/
Reentry Services

NON-RESIDENTIAL SERVICES:

- SUD Support
- Educational Programs
- Community Centers
- Family Support
- Interventions



Clinical Partner Highlight:



**Southeastern
Integrated Care**
Your health, our purpose.

MISSION

“To improve the lives we serve with comprehensive integrated health services, not bound by convention.”

AT A GLANCE

SERVICES

- Mental Health
 - Therapy & Counseling
 - Child & Teen
 - Adult
- Advanced Medical Home
 - Collaborates with Primary Care team
- Substance Abuse
 - Individual/Family Outpatient Therapy
 - Group Based Services - SAIOP & SACOT

CLINICAL PARTNER OVERVIEW:

South Eastern Integrated Care provides outpatient clinical treatment for many Bridge to 100 affiliates. Here, they begin to acclimate to the residential program's demands at a manageable pace, learning to adhere to policies, respond positively to challenging situations, and integrate new knowledge effectively. Medications supporting the detox process are offered, if needed, during this time to reduce the body's negative response to the sudden absence of chemicals on which it has become dependent. This program is offered as independent clinical treatment that includes a Comprehensive Clinical Assessment (CCA), SACOT counseling services, and medication assisted treatment as needed. This portion of the program is presented as an introduction to our more robust recovery phases. Residents will receive more clinical attention in this part of the program than in any other phase, addressing their needs to help them stabilize, while mentally, emotionally, and physically preparing for the lifestyle changes that a healthy long term recovery demands.

LOCATIONS BY COUNTY:

Brunswick, Bladen, Carteret,
Montgomery, Moore, Randolph,
Hoke, Robeson, New Hanover,
Columbus.

Collaboratory Partnership/UNC Project

Bridge to 100 is a non-profit organization partnering with faith-based addiction recovery centers to offer accessible and affordable services. It aims to establish a "gold standard" for addiction recovery by collaborating with research entities like UNC's Social Innovations Lab and Collaboratory on Science, Policy, and Solutions.

A key objective is creating a quantifiable and replicable addiction treatment and recovery model through standardized measurement and evidence-based practices for broader adoption. The organization also seeks to improve existing programs with an evidence-based model and support.

Bridge to 100 is collaborating with UNC to study faith-based recovery center effectiveness and demonstrate their success. This partnership uses ASPIRE, a tool assessing social determinants of

health to create personalized recovery plans.

By leveraging ASPIRE, Bridge to 100 aims to enhance recovery by tracking progress, identifying obstacles, and customizing interventions for lasting success, leading to a more informed system.

The project has two phases: implementing ASPIRE and a standardized measurement system, followed by program administration and data utilization for ongoing support and improvements.

Overall, Bridge to 100 is dedicated to improving addiction recovery outcomes through partnerships with faith-based centers and evidence-based practices. Its collaboration with UNC and the use of tools like ASPIRE are working towards a replicable addiction treatment and recovery model for communities across North Carolina and beyond.

Bridge to 100 Complex Emergent Design

Program Vision	Faith- and science-informed recovery, well-being in community.
Program Mission	Freedom found in recovery earned through private an public accountability.
Program Goals	Accessible community supports, a coordinated assessment, a primary case manager, stable residential placement, and recovery measured by one-year abstinence and two-year sustainable well-being.
Program Methods	Christian faith devotions, a Leadership Fellows Academy, the ASPIRE multidimensional assessment, and Collective Impact for faith- and science-informed addiction recovery.
Governance	Statewide steering committee and board oversight.
Infrastructure	Nonprofit self-governing and self-funded cooperative.
Institute	Research, workforce, and community engagement institute gold standard model community science- and faith-informed practice.

ASPIRE's 6 Dimensions of Well-Being



Income & Employment



Housing



Health & Environment



Education & Culture



Organization & Participation



Motivation & Goals



Prescreening Questions:

1. Do you have enough income?
2. Do you have access to health services?
3. Do you have access to mental health services?
4. Do you have enough to eat?
5. Do you have health insurance?
6. Do you have stable housing?
7. Is your home in a safe living condition?
8. Do you always have functioning utilities (ie.... water, electricity, heat, waste service)?

TRY THE SURVEY:





LEADERSHIP FELLOWS ACADEMY

Great Leaders = Great Outcomes

A large part of this initiative is the Leadership Fellows Academy. Hosted by the University of North Carolina Wilmington and funded by the North Carolina Collaboratory, we have begun working with executives and senior leadership teams at the three pilot affiliate programs (Ground 40, Hope Center Ministries, and Christian Recovery Centers) on enhancing their individual and organizational leadership capacities. To initiate the Bridge to 100 Leadership Fellows Academy training, we compiled information from all three pilots to inform the curriculum and provide benchmarks to evaluate its effectiveness at the conclusion of the Academy.

Webinars

- Board Governance
- Data and Principles of Performance Measurement and Outcomes 1
- Data and Principles of Performance Measurement and Outcomes 2
- Developing Strategic Partnerships
- Financial Management 1
- Financial Management 2
- Work Force Development and Management 1
- Work Force Development and Management 2

Post-Webinar Technical Assistance

Focus on follow-up from institutes and webinars to increase individual organization's capacities.

Personal Executive Coaching

The executive director at each site will have access to an International Coaching Federation-certified coach providing confidential monthly sessions on each executive's leadership journey.

360 Degree Personal Feedback

Selected executives and managers at each site will be provided with feedback about their individual leadership via two instruments:

For more info:

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Meet Our Pilots



Total Occupancy: 129

Restoring Lives
Restoring Families
Restoring Communities

HOPECM.COM



Total Occupancy: 121

We help men transition back into the community from homelessness, addiction, and incarceration.

GROUND40.COM



Total Occupancy: 217

Providing the spiritual and educational tools necessary for a long-term recovery from the illness of addiction and the beginning of a successful life.

CRCIRECOVERY.ORG



2024 RECAP

Discipleship and education grounded in strong biblical principles.

AT A GLANCE

RESIDENTIAL SERVICE

- Recovery Program
- Men only
- Transitional Housing/Re-Entry
- Men
- \$0 to participate

NON-RESIDENTIAL SERVICE

- SUD support

MISSION STATEMENT

"We help men transition back into the community from homelessness, addiction, and incarceration."

GROUND40.COM

TOTAL OCCUPANCY

121

PROGRAM GRADUATES

25

WORKFORCE

REDEVELOPMENT

PROGRAM COMPLETION

40

NC LEG FUND AMOUNT

\$750,000.00 - FY2023

INCREASED CAPACITY

10

WAITING LIST

40

GRAD CHECK-INS

Regular check-in opportunities are available via phone calls, events, Thirst Quenchers, drop ins, Bible studies, social media.

DEFINE SUCCESS

Our hope that is anyone that comes through our program leaves with an acceptance and relationship with Jesus Christ.



Recognizing Growth



Adult & Teen Challenge

Sandhills, NC

2024 RECAP

Restoring Lives
Restoring Families
Restoring Communities

AT A GLANCE

RESIDENTIAL SERVICE

- Recovery Program
- Men
- Specialization Program for Veterans and active-duty troops.
- \$1,000+ to participate

NON-RESIDENTIAL SERVICE

- Small Groups

MISSION STATEMENT

“Develop physically fit, mentally sound, emotionally stable, and spiritually-alive world changers through Christ-centered treatment and solutions.”

SANDHILLSTC.ORG

TOTAL OCCUPANCY
68

PROGRAM GRADUATES
40

WORKFORCE REDEVELOPMENT PROGRAM COMPLETION
60

NC LEG FUND AMOUNT
\$500,000.00 - FY2023

INCREASED CAPACITY
10

WAITING LIST
12

GRAD CHECK-INS
Regular check-in opportunities are available at program events, graduations, online groups, and other similar venues.

DEFINE SUCCESS

- Gainful Employment
- Abstinence from Drugs/Alcohol
- Completing the Program
- Stable Housing

AFFILIATES

Bridge to 100



Finding Freedom - NC



PLACE OF GRACE CAMPUS
a great place to grow



. RALEIGH .



FreedomHouse
Rescuing mothers. Redeeming lives.

