BRIDGE TO 100
Finding Freedom - NC
JUNE/JULY 2025

RECOVERY CONNECTION



Pilot Program Spotlight

Our Pilot Program Spotlight is on **Ground 40** located in Monroe, N.C. Our program helps men transition back into the community from homelessness, addiction, and incarceration. This is facilitated through discipleship and educating them on strong biblical principles through a practical three stage process: The Farm, The Ranch, and The Homes.



- **Our Program**

We have a 3 to 5 phase program with a minimum stay of 6 months and maximum is 2.5 years. Men enter our program through our intake line and cohort process. We bring all the men into the program at the same time rather than staggered to start the process of 180 days together - all in unison. Our cohort size is about 12 to 16 men. The first phase is The Farm, and it is abstinence from any substances from the beginning. It is a safe place. They stay and work at The Farm for 40 days then an assessment is completed after 40 days. They then move to The Ranch to provide community service work. They go to church on Tuesday and Wednesday nights.



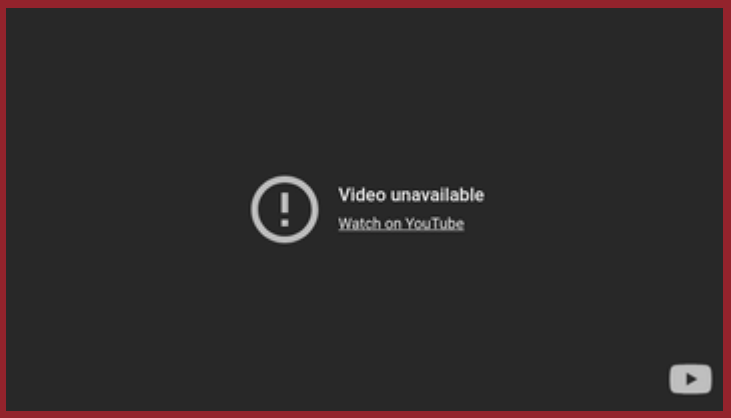
GROUND 40 SPOTLIGHT

From The Ranch, residents go to the Restoration House, where they provide volunteer labor like taking care of widows and orphans, and work to build back communities that we have taken so much from. They go through counseling and live in transitional housing. Then, we have a post transitional house for those that come from other parts of the state. This is for men that are in good standing with the community and have a good job. This is a healthy, successful transition to the community when they are ready.

One can be successful and can be effective - our goal is to be effective. These men are fathers, husbands, sons, brothers and uncles, and we walk through life with them. One of the worst things that can happen is for the wife and children to be neglected - she is bankrupt in every aspect, but he is doing great in our program. A healthy man is going back into a healthy situation as our program encompasses the whole family with support offered to those members inside and outside the formal 'residential program'. The whole family's needs are addressed to support all members associated with the individual's recovery.

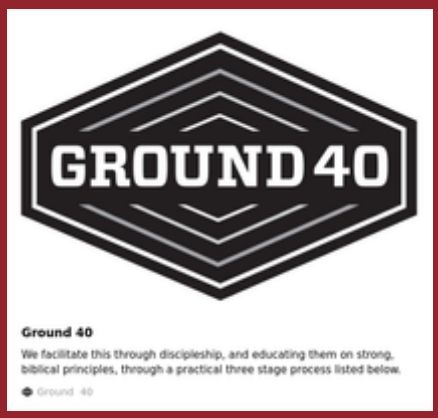
Most people can maintain sobriety when they are chained to a rock, but they often fail when going back into the environment and relationships that lead them to drug use. Lastly, once our men graduate from our free, 6 month program, they then have the opportunity to move into one of our transitional homes. This is where they get the chance to live on their own, while still having accountability, working, and being back in the community.

Enjoy this video from Micah Tyler singing "Walking Free" featuring Ground 40's program and graduates. This video is guaranteed to inspire and encourage you!



https://www.youtube.com/watch?v=gVnMUkohE1o

For more information about Ground 40, please visit:





LEADERSHIP FELLOWS ACADEMY

The Leadership Fellows Academy Training is a comprehensive program designed to cultivate the skills and insights necessary for effective leadership in various fields. Participants are typically engaged in a series of workshops, seminars, and collaborative projects that focus on critical thinking, strategic planning, and ethical decision-making. The training emphasizes the development of personal leadership styles while also encouraging teamwork and communication skills. Through mentorship and networking opportunities, fellows gain access to a community of like-minded individuals committed to making a positive impact in their respective domains. Graduates of the program emerge with a heightened ability to inspire and lead others, equipped with the tools needed to navigate complex challenges in today's dynamic environment.

LEADERSHIP INSTITUTE LAUNCHES JULY 10 & 11, 2025

For further information, please contact either Rich or Noel at:
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The 4 Dimensions of Recovery - SAMHSA

The Bridge to 100 Complex Emergent Design model of faith-based and community science informed recovery programs utilize individual, community, and system-level approaches to increase the four dimensions of recovery as defined by SAMHSA - Substance Abuse and Mental Health Services Administration:

1. **Health (access to quality health and SUD treatment);**
2. **Home (housing with needed supports);**
3. **Purpose (education, employment, and other pursuits); and**
4. **Community (peer, family, and other social supports)**



SAMHSA
Substance Abuse and Mental Health Services Administration
SAMHSA leads efforts to advance behavioral health across the U.S., offering resources for mental heal...
SAMHSA

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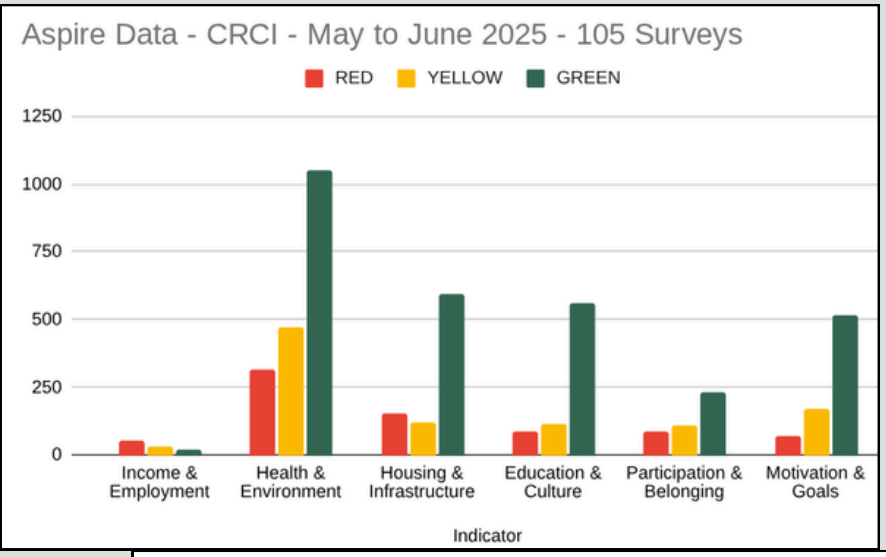
ASPIRE DATA

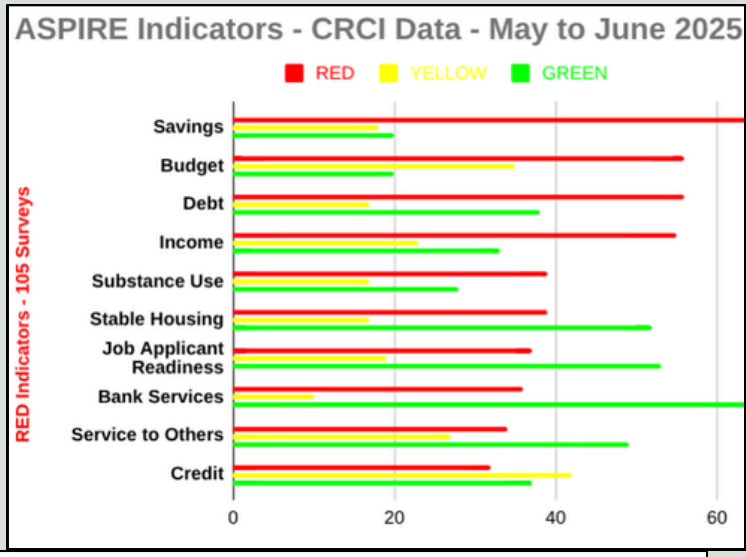
MEASURES

We launched Aspire on May 1, 2025. 105 multidimensional survey assessments have been completed. Below are data measures tracking Social Drivers of Health and Well-Being for recovery residents. CRCI Aspire Coaches are actively working with residents to address the red and yellow indicators with S.M.A.R.T. - Specific, Measurable, Achievable, Relevant and Time-Bound Goals.

"Two years is no small thing—that's 730 days of showing up, growing, and pushing forward when it would've been easier to tap out. Recovery isn't a walk in the park... unless that park is uphill, in the rain, with wild squirrels heckling you. But it's worth it."The fact that I'm now coaching others using Aspire? That's the real full-circle moment. You didn't just walk through the fire—you turned around, grabbed a hose, and said, "Alright, who's next? I got you."

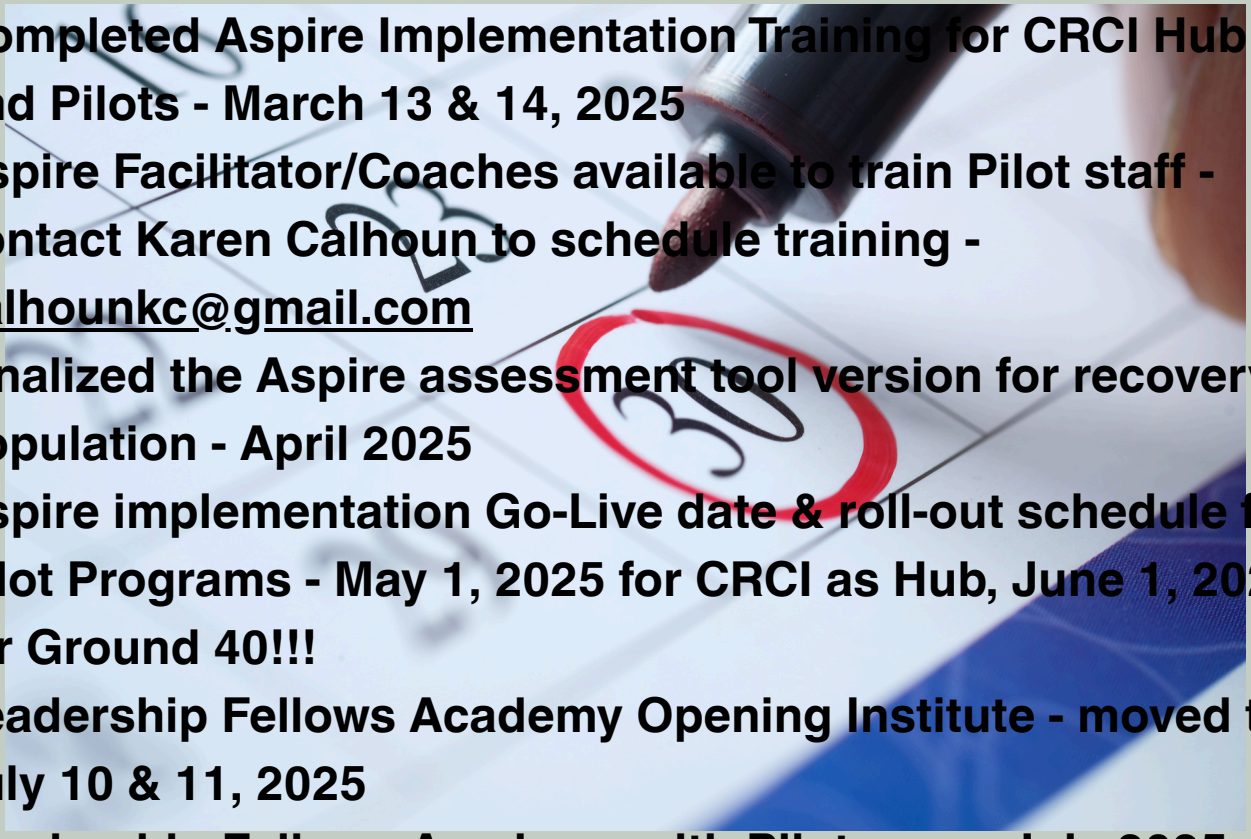
-Resident Quote-







Important Dates and Next Steps...



- **Completed Aspire Implementation Training for CRCI Hub and Pilots - March 13 & 14, 2025**
- **Aspire Facilitator/Coaches available to train Pilot staff - contact Karen Calhoun to schedule training - calhounkc@gmail.com**
- **Finalized the Aspire assessment tool version for recovery population - April 2025**
- **Aspire implementation Go-Live date & roll-out schedule for Pilot Programs - May 1, 2025 for CRCI as Hub, June 1, 2025 for Ground 40!!!**
- **Leadership Fellows Academy Opening Institute - moved to July 10 & 11, 2025**
- **Leadership Fellows Academy with Pilots runs July 2025 through January 2026**
- **Readiness Assessment Survey to Bridge to 100 Affiliates for Project On Boarding - early Fall 2025**
- **Bridge to 100 Combined Annual Meeting with City Gate - Sept. 26, 2025, at Great Wolf Lodge, in Concord, NC**

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https://bridgeto100.org