

Recovery Connection

Community Notes to Our Affiliates

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Welcome!

To the Bridge to 100 Recovery Connection Community Notes where you will find important information, project updates, and upcoming events.

Founder's Message

by Robin Hayes on February 13, 2025

I am thrilled, really beyond words, to see the Bridge to 100 concept coming to fruition. When this idea was born some four years ago, my dream was to see a number of faith-based providers offer services, at no cost, to all counties in North Carolina.

Inspired and sustained by Divine intervention, reality has exceeded my most optimistic expectations. Many people, some of whom are listed in this newsletter, have come forward and made this dream come true. Even though they are too numerous to name individually, some stand out and should be recognized.

Former NC legislator Wayne Sasser, former Attorney General now Governor Josh Stein, state opioid program director Steve Mange, head researcher Dr. Gary Nelson, project manager Karen Calhoun and affiliate pilot directors Josh Torbich, Wesley Keziah and Mark Hall have been instrumental in getting us to our emergent design and expansion plan. Dr. Rich Clerkin, the University of North Carolina at Wilmington and Dr. Noel Mazade, the University of North Carolina at Greensboro are also contributing leadership expertise to strengthen the organizational impact capacity within the Bridge to 100 faith community.

Combining the principles of science and faith leads to a holistic approach for recovery. Head issues speak to science. Heart issues speaking to faith. Head and heart give our participants their best chance for recovery and restoration. Adding other scientific measures, such as Aspire, social determinants of health, and leadership training in recovery will contribute to true evidence-based and measurable outcomes. The focus is always the life and well-being of the client.

As the work continues, building up support of communities, restoration of families, and helping those engaging in supportive services to become productive citizens are our major objectives. There are so many success stories within the recovery community. We want to capture the elements of these success stories which validate the faith-based recovery process. True evidence informed evaluation, care, and follow up, will serve to demonstrate how science and faith can be combined to produce desired outcomes to secure our targeted goals. In the process, we will also support present and develop future leaders to operate recovery programs, programs which offer hope to those who suffer from opioid and other addictions.

I am eternally grateful and incredibly inspired by the work done by all the folks who have and are making Bridge to 100 a dream come true. To God be the glory for the things He has done.

In His service,

Robin

Design Project Update!

Additional funding received from the NC Collaboratory



by Bridge to 100 Project Design Team on February 18, 2025

We submitted an initial proposal for funding consideration to the NC Collaboratory back in May 2024 for our Pilot Design project. We received initial start-up funding to create a design for

Bridge to 100 partnering with three pilot recovery programs - Ground 40, Hope Center Ministries, and Christian Recovery Centers, Inc. We worked with the three pilots from July to September 2024 to create an emergent design for impact for faith and science-informed recovery and well-being.

About the NC Collaboratory: The North Carolina Collaboratory is a research funding agency that partners with academic institutions and government entities to transform research into practical information and technologies for use by the State and local governments and the communities they serve. Since its authorization in 2016 by the General Assembly (see 31A N.C.G.S. Sec. 116-255) the Collaboratory stewarded approximately \$225 million in appropriations from the legislature, investing in over 600 research projects that have the potential to develop innovative, evidence-based solutions that benefit our State and its residents. Initially focused on environmental and natural resources research, the scope of the Collaboratory's portfolio has expanded to include projects focused on public health, education, technology, and infrastructure. Given the Collaboratory's history, our mission has always been clear: To serve the State.

In December 2024, we submitted another proposal for funding to continue our emergent design work and to scale the work to more Bridge to 100 affiliates. We received initial notification in January 2025 from the NC Collaboratory of their intent to fund our project again! Beginning in February 2025 through January 2026, our Project Design Team will continue working with the three Pilot programs with Christian Recovery Centers, Inc. serving as the Lead Community Hub. We will scale our developing emergent design to additional Bridge to 100 affiliates as we make progress with design implementation as outlined below.

Meet the Project Design Team

Robin Hayes, Bridge to 100 Founder

Dr. Gary Nelson, Professor Emeritus, UNC-Chapel Hill School of Social Work - Design Lead

Karen Calhoun, MPA, Retired Human Services Director - Project Manager

Dr. Noel Mazade, UNC-Greensboro Innovation Catalyst and Co-Director: UNCG Institute for Data, Evaluation & Analytics, Office of the Vice Chancellor for Research and Engagement, Adjunct Faculty: Department of Peace and Conflict Studies - Leadership Fellow Academy

Dr. Rich Clerkin, UNC - Wilmington -Betty and Dan Cameron Family Distinguished Professor of Innovation in the Nonprofit Sector, Department of Public and International Affairs - Project Coordinator/Leadership Fellows Academy

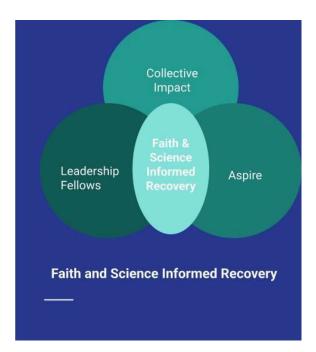
Project Design Elements

by Dr. Gary Nelson on February 18, 2025

Executive Summary - The NC Collaboratory provided funds to the Social Innovation and Entrepreneurship Lab at the University of North Carolina School of Social Work in Chapel Hill to create an innovation design for impact and a proposed budget with three pilot programs. The figures below summarize that design.

Impact

Evidence-informed approach to recovery and well-being informed by faith and science.



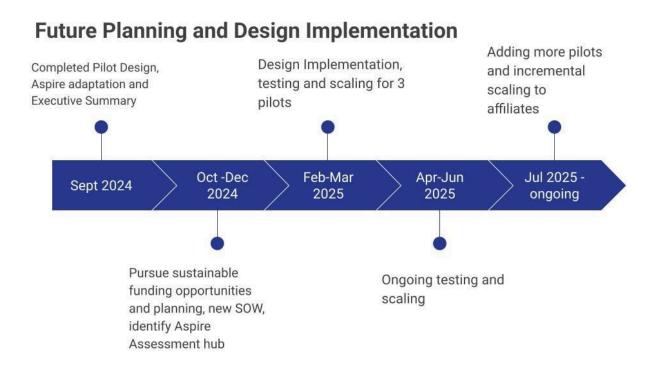
As the figure below shows, to heighten impact, the plan draws upon faith for purpose, motivation, and direction, and upon science and evidence-informed interventions that ensure private and public accountability. Bridge to 100 pilots and affiliates aspire to demonstrate an evidence-informed approach to recovery and well-being informed by faith and science. It is an approach in which faith in Jesus Christ and restored trust in others in our communities to shape purpose and contribute to an individual's agency and will to change supported by science-informed interventions to contribute to and sustain recovery in North Carolina.

Bridge to 100 Emergent Design

Program Vision	Faith and science informed recovery and well-being
Program Mission	Freedom found in recovery earned through private and public accountability
Program Goals	 Accessible health, social and economic community supports A coordinated single social and health determinant assessment One primary case manager or case management team One stable residential care placement Recovery measured by abstinence in one year and sustainable well-being in two years
Program Methods	 Christian faith, devotion and sense of community. A place of belonging. Leadership Fellows Academy Curriculum for leaders as stewards of a faith and science evidence informed recovery and well-being Aspire: A multidimensional social and health determinant assessment of well-being and recovery Collective Impact: A faith and science informed method of collaborative problem-solving, self-evaluation, adaptive learning, and change

Tentative Project Timeline

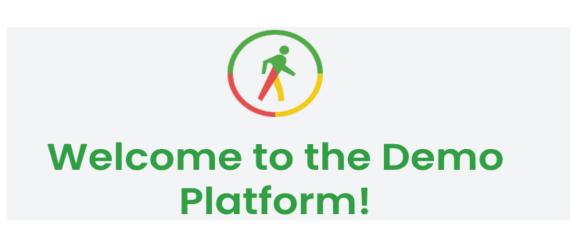
by Karen Calhoun, Project Manager on February 17, 2025



Next Steps...

- Leadership Fellows Academy meeting with Pilot February 20, 2025
- Project Team meeting with Thrive Lights February 27, 2025
- ❖ Aspire Implementation Training for CRCI Hub and Pilots March 13 and 14, 2025
- Bridge to 100 Project Team Planning Retreat March 31, 2025
- Readiness Assessment Survey to Bridge to 100 Affiliates for Project Onboarding March 2025

Try out Aspire!



https://demo.povertystoplight.org/login (use any web browser except for Internet Explorer)

The username is: unc

The password is: Aspire2025!

On the right hand side of the page, there will be several versions of Aspire listed to choose from. Each version of the survey begins with a series of demographic questions followed by the indicator questions. Please note: the data entered in the demo survey is not private, so feel free to make up information while testing the platform.

